



Every Child. Every Day.

**Glen Alpine, along with 11 other BCPS schools, is now participating in the Universal Breakfast program.**

**What does this mean for your child?** *Universal breakfast is a program that allows every student in the school to eat breakfast for free!*

**Do I have to sign my child up for this program?** *No. Your child can start receiving a free breakfast at school immediately!*

## Benefits of Breakfast

### INCREASED

Concentration  
Alertness  
Comprehension  
Memory  
Learning  
Attention  
Memory  
Student nutrition

Tardiness

Behavioral issues

Absenteeism

### DECREASED